

What is the Best Way for Treating Neuropathy?

# WHAT IS THE BEST WAY FOR TREATING NEUROPATHY?



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## SURGERY OR NO SURGERY

Going to the Extreme in Treating [Neuropathy](#)

As a patient, it is a commonly made mistake to want to give your health problem over to the doctor and just have him or her take care of it. For this reason, patients all too often readily agree to a surgical approach as the solution for their problem.

Surgeons want to do surgery. They have been well trained to do surgery and are indeed good at what they do. Despite this fact, you must not overlook your part in the equation; which is to take the responsibility for your case and not be misled into thinking that surgery is a cure-all for your problem.

In terms of peripheral [neuropathy](#), oftentimes the patient is far worse off after surgery has been done. Once a person has had surgery performed however, there is no option of going back to where they were before.

This explained, there is indeed a surgical procedure which may be helpful for treating neuropathy. You must however understand the information that follows before making any decisions that include surgery for treating neuropathy, as surgery in my experience is the most extreme form of treatment for the neuropathy condition.

The surgical procedure being referenced for treating neuropathy is known as Tarsal Tunnel surgery for nerve decompression. Foot surgeons will often promote this approach in good faith, not knowing what else to do for the case.

To be clear, as a first line approach to neuropathy, surgery is a very UNWISE decision.

Even in the rare cases where the posterior tibial nerve and its plantar branches may be suffering from hard tissue compression in the tarsal tunnel near the ankle, the expected relief will probably not be forthcoming after surgery.

The causes for neuropathy, as outlined in the guide *Peripheral Neuropathy: The Mystery Unlocked*, which is part of my Neuropathy Solution Program, are probably also present with the person who has posterior tibial nerve compression.

Surgery in and of itself will not correct these issues. The patient must correct them him or herself first. The treatment and management procedures presented in The Neuropathy Solution Program must be implemented FIRST, for the nerves to regain a reasonable amount of cellular tissue health before the surgery is performed.

If this order of priority is indeed followed, the nerves will be healthier and consequently respond much more quickly and completely after the decompression surgery is performed, although in most cases, the surgery will become altogether unnecessary.

It should be remembered that foot surgery -- or its equivalent in the hands -- for the treatment of neuropathy symptoms is a high-risk procedure that must not be taken lightly, or unconditionally simply on the advice of a surgeon. A second opinion should always be sought before a patient consents to surgery. Remember, the responsibly for this decision is the patient's.

It should also be noted that the recovery period after such surgery is usually at least one year, and is very often accompanied by poor healing, infection, and other serious complications. What's more, as mentioned earlier, if this surgical approach is done before the nerves have been put into a healthy environment as outlined in The Neuropathy Solution Program, a very poor and unsatisfying outcome is almost certain to result.

My recommendation is to attempt bringing the unhealthy nerves back into a healthy environment FIRST, by strictly following the procedures and methods taught in [The Neuropathy Solution Program](#). If, after six months, the neuropathy symptoms persist at an unacceptable level, which is unlikely, then a patient should begin a diligent process of research in consideration of the Tarsal Tunnel decompression surgery, or equivalent hand surgery, under the direction of a good surgeon.

Watch this Video - [Peripheral Neuropathy Natural Treatments : How To Cure Neuropathy Fast and Naturally \(Home Remedies\)](#)

By Dr. Randall C. Labrum

**Dr. Randall C. Labrum is a clinician, researcher and one of America's top neuropathy educators, as well as the author and creator of [The Neuropathy Solution Program](#). After having his life brought to a standstill by the debilitating pain of peripheral neuropathy, which struck out of the blue and seemingly without reason right as he was "contemplating retirement", Dr. Labrum set off on a quest that would eventually lead him to the development of the hugely successful [The Neuropathy Solution Program](#).**

**This simple, six-step program is the same program that Dr. Labrum used to quickly and conclusively treat his own case of neuropathy. To this day, Dr. Labrum has no symptoms whatsoever of the disease, which now afflicts an estimated 20-30 million Americans alone.**

**To find out more about this program, go to [The Neuropathy Solution Program](#)**

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